

SEPTEMBER 2024		K-8TH GRADE LUNCH MENU		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED Menu Subject To Change	2 WAFFLES ½ Craisin (27 CHO) ½ C Tater Tots (18 CHO) Breakfast Sausage (2 M - 2 CHO) Waffle (1 WG - 52 CHO - 1 E) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)	3 GRILLED CHEESE ½ C Applesauce (14 CHO) ½ C Green Beans (9 CHO) Grilled Cheese (2 MMA/2 WG - 36 CHO)	4 CHICKEN NUGGETS ½ C 100% Juice* ½ C Carrots (11 CHO) Chicken Nuggets (2 M/1 WG - 16 CHO) Ketchup Packet (1 CHO)	5 HAMBURGER ½ C Banana (21 CHO) ½ C Corn (16 CHO) Beef Patty (2 M - 12 CHO) Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)
9 DOGS IN A BLANKET ½ C 100% Juice ¾ C Green Beans (9 CHO) Mini Corn Dogs (2 M/2 WG - 28 CHO - 5E) Ketchup Packet (2 CHO)	10 TACO BITES ½ Craisin (27 CHO) ½ C Corn (16 CHO) Beef Taco Bites (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO)	11 SAY CHEESE! PIZZA ½ C Applesauce (14 CHO) ½ C Baby Carrots (9 CHO) Cheese Pizza (2 MMA/2 WG - 34 CHO) Ranch Packet (2 CHO)	12 CHICKEN PATTY ½ C 100% Juice* ¾ C Southwest Salad (42 CHO) Chicken Patty (2 M - 22 CHO) Hamburger Bun (2 WG - 25 CHO) BBQ Packet (5 CHO)	13 BBQ MEATLOAF ½ C Banana (21 CHO) ½ C Broccoli (21 CHO) ½ C Mashed Potatoes (20 CHO) BBQ Meatloaf (2 M - 17 CHO) Dinner Roll (1 WG - 17 CHO)
16 BREAKFAST SANDWICH ½ C 100% Juice ¾ C Tater Tots (18 CHO) English Muffin (2 WG - 14 CHO) Egg Patty & American Cheese (2 M - 2 CHO)	17 BREADSTICKS ½ Craisin (27 CHO) ½ C Broccoli (5 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Morniano Cup (14 CHO)	18 TURKEY SANDWICH ½ C Applesauce (14 CHO) ½ C Baby Carrots (9 CHO) Pullman Bread (2 WG - 21 CHO) Turkey & Cheese (2 M/MMA - 3 CHO) Mustard Packet (0 CHO)	19 CONEY DOG ½ C 100% Juice* ¾ C Coney Beans (42 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	20 SWEET THAI BOWL ½ C Banana (21 CHO) ½ C Green Beans (9 CHO) ½ C Pineapple Ginger Rice (1G - 28 CHO) Sweet Thai Chicken Nuggets (2M/1G - 16 CHO)
23 PANCAKES & SAUSAGE ½ C 100% Juice ¾ C Tater Tots (18 CHO) Breakfast Sausage (2 M - 2 CHO) Pancakes (1 WG - 20 CHO - 1 E) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)	24 CHICKEN TENDER ½ Craisin (27 CHO) ½ C Broccoli (5 CHO) Chicken Tenders (2 M/1 WG - 16 CHO) Ketchup Packet (1 CHO) Cheddar Goldfish (1 WG - 17 CHO)	25 CHEESE QUESADILLA ½ C Applesauce (14 CHO) ¾ C Seasoned Bean Salad (44 CHO) Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO)	26 HAMBURGER ½ C 100% Juice* ¾ C Green Beans (9 CHO) Beef Patty (2 M - 12 CHO) Bun (2 WG - 27 CHO) Ketchup Packet (1 CHO)	27 POPCORN CHICKEN BOWL ½ C Banana (21 CHO) ¾ C Carrots (11 CHO) ½ C Mashed Potatoes (20 CHO) Breaded Popcorn Chicken (1 WG/2 M - 14 CHO - 12 E) Graham Cracker (1 WG - 17 CHO)
30 FRENCH TOAST ½ C 100% Juice ¾ C Tater Tots (18 CHO) French Toast (2 WG/2MMA - 49 CHO) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)	Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 330-425-7979 www.Itsmeals.com This institution is an equal opportunity provider.			

SEPTEMBER 2024		K-8TH GRADE BREAKFAST MENU							
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	CLOSED	2	4 oz 100% Juice Applesauce (½ Cup - 14 CHO) Crunch Mania (2 oz - 37 CHO)	3	4 oz 100% Juice Craisin (½ Cup - 27 CHO) Cinnamon Toastler Cereal Bowl (1 oz WG - 19 CHO) Graham Cracker (1 oz WG - 17 CHO)	4	4 oz 100% Juice* Bonana (½ Cup - 21 CHO) Golden Graham Bar (1 oz WG - 30 CHO)	5	4 oz 100% Juice Bonana (½ Cup - 19 CHO) Chocolate Chip Bar (1.5 WG - 37 CHO)
9	4 oz 100% Juice* Apple Crisp (½ Cup - 10 CHO) Scooter Cereal Bowl (1 oz WG - 22 CHO)	10	4 oz 100% Juice Applesauce (½ Cup - 14 CHO) Triple Berry Bar (2 oz WG - 43 CHO)	11	4 oz 100% Juice Bonana (½ Cup - 21 CHO) Marshmallow Matey Cereal Bowl (1 oz WG - 22 CHO) Graham Cracker (1 oz WG - 17 CHO)	12	4 oz 100% Juice* Fruit (½ Cup) Trix Bar (1 oz WG - 29 CHO)	13	4 oz 100% Juice Apple (½ Cup - 14 CHO) Super Donut (2 oz WG - 27 CHO)
16	4 oz 100% Juice* Apple Crisp (½ Cup - 10 CHO) Cocoa Puff Cereal Bowl (1 oz WG - 25 CHO)	17	4 oz 100% Juice Applesauce (½ Cup - 14 CHO) Honey Bun (2 oz - 55 CHO)	18	4 oz 100% Juice Bonana (½ Cup - 21 CHO) Cinnamon Toastler Cereal Bowl (1 oz WG - 19 CHO) Graham Cracker (1 oz WG - 17 CHO)	19	4 oz 100% Juice* Fruit (½ Cup) Strawberry Cheerio Bar (1 oz WG - 30 CHO)	20	4 oz 100% Juice Apple (½ Cup - 14 CHO) Blueberry Infused Waffle (1 oz WG - 37 CHO)
23	4 oz 100% Juice* Apple Crisp (½ Cup - 10 CHO) Scooter Cereal Bowl (1 oz WG - 22 CHO)	24	4 oz 100% Juice Applesauce (½ Cup - 14 CHO) Crunch Mania (2 oz - 37 CHO)	25	4 oz 100% Juice Banana (½ Cup - 21 CHO) Marshmallow Matey Cereal Bowl (1 oz WG - 22 CHO) Graham Cracker (1 oz WG - 17 CHO)	26	4 oz 100% Juice* Fruit (½ Cup) Golden Graham Bar (1 oz WG - 30 CHO)	37	4 oz 100% Juice Apple (½ Cup - 14 CHO) Super Donut (2 oz WG - 27 CHO)
30	4 oz 100% Juice* Apple Crisp (½ Cup - 10 CHO) Cocoa Puff Cereal Bowl (1 oz WG - 25 CHO)	Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 330-425-7979 www.itsmeals.com This institution is an equal opportunity provider.							