

FEBRUARY 2024

K-8TH GRADE BREAKFAST MENU

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--|---|---------|---|-----------|--|----------|--|--------|---|
| <p>Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeds.com This institution is an equal opportunity provider.</p> | | | | | | | | | |
| <p>Menu Subject to Change Served With Milk Apple Juice (14 CHO), Fruit Punch (14 CHO)</p> | | | | | | | | | |
| 5 | 4 OZ 100% JUICE CUP 1/2 C APPLE SAUCE (14 CHO) SCOOTER CEREAL BOWL (1 WG - 21 CHO) | 6 | 4 OZ 100% JUICE CUP 1/2 C APPLE (9 CHO) FRENCH TOAST BITES (2 WG - 38 CHO) | 7 | 4 OZ 100% JUICE CUP 1/2 C BANANA (19 CHO) CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) GRAHAM CRACKER (1 WG - 17 CHO) | 8 | 4 OZ 100% JUICE CUP 1/2 C APPLE CRISP (10 CHO) GOLDEN GRAHAM BAR (1 WG - 30 CHO) | 9 | 4 OZ 100% JUICE CUP 1/2 C FRUIT CINNAMON WAFFLE (2 WG - 37 CHO) |
| 12 | 4 OZ 100% JUICE CUP 1/2 C APPLE SAUCE (14 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO) | 13 | 4 OZ 100% JUICE CUP 1/2 C APPLE (9 CHO) HONEY BUN (2 WG - 38 CHO) | 14 | 4 OZ 100% JUICE CUP 1/2 C BANANA (19 CHO) APPLE JACKS CEREAL BOWL (1 WG - 24 CHO) GRAHAM CRACKER (1 WG - 17 CHO) | 15 | 4 OZ 100% JUICE CUP 1/2 C FRUIT COCOA PUFF BAR (1 WG - 30 CHO) | 16 | 4 OZ 100% JUICE CUP 1/2 C APPLE CRISP (10 CHO) MAPLE BUTTER WAFFLE (2 WG - 37 CHO) |
| 19 | CLOSED | 20 | 4 OZ 100% JUICE CUP 1/2 C APPLE (9 CHO) CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) | 21 | 4 OZ 100% JUICE CUP 1/2 C CRANBIN (27 CHO) TRIX BAR (1 WG - 30 CHO) | 22 | 4 OZ 100% JUICE CUP 1/2 C APPLE CRISP (10 CHO) LUCKY CHARMS CEREAL BOWL (1 WG - 23 CHO) | 23 | 4 OZ 100% JUICE CUP 1/2 C FRUIT CRUNCH MANIA (2 WG - 37 CHO) |
| 26 | 4 OZ 100% JUICE CUP 1/2 C APPLE SAUCE (14 CHO) FROOT LOOP CEREAL BOWL (1 WG - 24 CHO) | 27 | 4 OZ 100% JUICE CUP 1/2 C APPLE (9 CHO) FROSTED POP-TART (1.25 WG - 36 CHO) | 28 | 4 OZ 100% JUICE CUP 1/2 C BANANA (19 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO) | 29 | 4 OZ 100% JUICE CUP 1/2 C APPLE CRISP (10 CHO) GOLDEN GRAHAM BAR (1 WG - 30 CHO) | | |

| FEBRUARY 2024 | | K-8TH GRADE LUNCH MENU | |
|--|--|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| FRIDAY | | | |
| Innovation Foods 1550 Enterprize Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider. | | | |
| | | Menu Subject To Change Served With Milk Apple Juice (14 CHO), Fruit Punch (14 CHO) | |
| 5 CHICKEN PATTY ½ C 100% Juice* ¼ C Southwest Bean Salad (52 CHO) Chicken Patty (2 M - 22 CHO) Hamburger Bun (1.5 WG - 25 CHO) BBQ Packet (5 CHO) | 6 DOGS IN A BLANKET ½ C Applesauce (14 CHO) ¾ C Broccoli (5 CHO) Mini Corn Dogs (2 M/2 WG - 28 CHO - 4E) Ketchup Packet (2 CHO) | 7 CHICKEN BASKET ½ C 100% Juice* ¾ C Seasoned Tater Tots (28 CHO) BBQ Chicken Nuggets (2 M/1 WG - 19 CHO - 5 E) Ketchup Packet (2 CHO) | 1 CHICKEN N' BISCUIT ½ C 100% Juice* ¾ C Carrots (6 CHO) Chicken Sausage Patty (1.5 M - 1 CHO) Homestyle Biscuit (2 WG - 30 CHO) Jelly Cup (9 CHO) |
| 12 BREAKFAST PIZZA ½ C 100% Juice* ¾ C Potato Rounds (20 CHO) Breakfast Pizza (1 M/1.5 WG - 25 CHO) Ketchup Packet (2 CHO) | 13 CONEY DOG ½ C Applesauce (14 CHO) ½ Coney Beans (56 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO) | 14 POPCORN CHICKEN BOWL ½ C 100% Juice* ¾ C Green Beans (11 CHO) ½ C Mashed Potatoes (20 CHO) Breaded Popcorn Chicken (1 WG/2 M - 14 CHO - 12 E) | 8 HAMBURGER ½ C Fruit ¾ C Green Beans (11 CHO) Beef Patty (2 M - 2 CHO) Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO) |
| 19 CLOSED | 20 WONDEROUS WAFFLE ½ C 100% Juice* ¾ C Breakfast Potatoes (20 CHO) Breakfast Sausage (2 M - 2 CHO) Buttermilk Waffle (1 WG - 15 CHO - 1 E) Ketchup Packet (2 CHO) | 21 CHEESE PIZZA ½ C Applesauce (14 CHO) ½ C Wango Mango Juice (14 CHO) Cheese Pizza (2 MMA/2 WG - ½ C V - 38 CHO) | 15 FLUFFY CAKE & LINKS ¾ C Fruit ½ C Maple Cinnamon Carrots (11 CHO) Breakfast Sausage (2 M - 2 CHO) Pancakes (1 WG - 20 CHO - 1 E) Syrup Cup (50 CHO) Ketchup Packet (2 CHO) |
| CLOSED | 22 BBQ MEATLOAF ½ C Fruit ½ C Corn (8 CHO) ½ C Mashed Potatoes (20 CHO) Meatloaf Patty (2 M - 3 CHO) 1 oz BBQ Sauce (12 CHO) Dinner Roll (1 WG - 12 CHO - 1 E) | 22 BBQ MEATLOAF ½ C Fruit ½ C Corn (8 CHO) ½ C Mashed Potatoes (20 CHO) Meatloaf Patty (2 M - 3 CHO) 1 oz BBQ Sauce (12 CHO) Dinner Roll (1 WG - 12 CHO - 1 E) | 16 CALZONE ½ C Banana (21 CHO) ¾ C Broccoli (5 CHO) Mozzarella & Provolone Cheese (2 WG/2.5 MMA - 32 CHO - 1 E) Marinara Cup (14 CHO) Graham Cracker (1 WG - 17 CHO) |
| 26 BREADSTICKS ½ C 100% Juice* ¾ C Green Beans (11 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Marinara Cup (14 CHO) | 27 HOTDOG ½ C Applesauce (14 CHO) ¾ C Carrots (6 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO) | 28 CHICKEN BASKET ½ C 100% Juice* ¾ C Garlic Crinkle Cut Fry (27 CHO) Sweet Chili Chicken Nuggets (2 M/1 WG - 22 CHO - 5 E) Ketchup Packet (2 CHO) | 23 ENGLISH MUFFIN SANDWICH ½ C Banana (21 CHO) ¾ C Brown Sugar Carrots (11 CHO) English Muffin (2 WG - 14 CHO) Egg Patty & American Cheese (1.75 M - 2 CHO) |
| 29 QUESADILLA ½ C Fruit ¾ C Corn (16 CHO) Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO) | 29 QUESADILLA ½ C Fruit ¾ C Corn (16 CHO) Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO) | | |