

JANUARY 2024					K-8TH GRADE BREAKFAST MENU				
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	CLOSED	2	4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) CHOCOLATE CHIP BREAKFAST BAR (1 OZ - 25 CHO)	3	4 OZ 100% JUICE CUP ½ C CRAISIN (27 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO)	4	4 OZ 100% JUICE CUP ½ C APPLE (9 CHO) TRIX BAR (1 WG - 30 CHO)	5	4 OZ 100% JUICE CUP ½ C FRUIT APPLE JACKS CEREAL BOWL (1 WG - 24 CHO)
8	4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) SCOOTER CEREAL BOWL (1 WG - 21 CHO)	9	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) GRUNCH MANIA (2 WG - 37 CHO)	10	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO) CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) GRAHAM CRACKER (1 WG - 17 CHO)	11	4 OZ 100% JUICE CUP ½ C APPLE (9 CHO) GOLDEN GRAHAM BAR (1 WG - 30 CHO)	12	4 OZ 100% JUICE CUP ½ C FRUIT BLUEBERRY WAFFLE (2 WG - 37 CHO)
15	CLOSED	16	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO)	17	4 OZ 100% JUICE CUP ½ C CRAISIN (27 CHO) COCOA PUFF BAR (1 WG - 30 CHO)	18	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO) LUCKY CHARMS CEREAL BOWL (1 WG - 23 CHO)	19	4 OZ 100% JUICE CUP ½ C FRUIT CINNAMON WAFFLE (2 WG - 37 CHO)
22	4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) SCOOTER CEREAL BOWL (1 WG - 21 CHO)	23	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) HONEY BUN (2 WG - 38 CHO)	24	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO) CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) GRAHAM CRACKER (1 WG - 17 CHO)	25	4 OZ 100% JUICE CUP ½ C APPLE (9 CHO) TRIX BAR (1 WG - 30 CHO)	26	4 OZ 100% JUICE CUP ½ C FRUIT MAPLE BUTTER WAFFLE (2 WG - 37 CHO)
29	4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) FROOT LOOP CEREAL BOWL (1 WG - 24 CHO)	30	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) FROSTED POP-TART (125 WG - 36 CHO)	31	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO)	28	<p>Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider.</p> <p>Menu Subject To Change Served With Milk Apple Juice (14 CHO), Fruit Punch (14 CHO)</p>		

JANUARY 2024		K-8TH GRADE LUNCH MENU		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED Apple Juice (14 CHO), Fruit Punch (14 CHO) Served With Milk Menu Subject To Change	2 HAMBURGER ½ C 100% Juice* ¾ C Green Beans (11 CHO) Beef Patty (2 M - 2 CHO) Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	3 BREAKFAST PIZZA ½ C Applesauce (14 CHO) ¾ C Potato Rounds (20 CHO) Breakfast Pizza (1 M/1.5 WG - 25 CHO) Ketchup Packet (2 CHO)	5 HOT DOG ½ C Fruit ¾ C Carrots (6 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	5 CHEESE QUESADILLA ½ C Banana (21 CHO) ¾ C Corn (16 CHO) ¾ C Corn (16 CHO) Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO)
8 FLUFFY CAKE & LINKS ½ C 100% Juice* ¾ C Potato Rounds (20 CHO) Breakfast Sausage (1.5 M - 2 CHO) Poncakes (1 WG - 20 CHO - 1 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO)	9 CHICKEN PATTY ½ C 100% Juice* ¾ C Carrots (9 CHO) Chicken Patty (2 M - 22 CHO) Hamburger Bun (2 WG - 25 CHO) BBQ Packet (5 CHO)	10 CHEESE DIPPER ½ C Applesauce (14 CHO) ¾ C Green Beans (11 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Morrinora Cup (14 CHO)	11 DOGS IN A BLANKET ½ C Fruit ¾ C Baked Beans (51 CHO) Mini Corn Dogs (2 M/2 WG - 28 CHO - 6E) Ketchup Packet (2 CHO)	12 CALZONE ½ C Banana (21 CHO) ¾ C Broccoli (5 CHO) Ranch & Cheddar Chicken Calzone (2 WG/2 M/MMA - 37 CHO - 1 E)
15 CLOSED	16 ENGLISH MUFFIN SANDWICH ½ C 100% Juice* ¾ C Maple Cinnamon Carrots (11 CHO) English Muffin (2 WG - 14 CHO) Egg Patty (1.25 M - 2 CHO) American Cheese (0.5 M - 1 CHO)	17 CHICKEN NUGGETS ½ C Applesauce (14 CHO) ¾ C Green Beans (11 CHO) Breaded Chicken Nuggets (2 M/1 WG - 14 CHO - 5 E) BBQ Packet (5 CHO)	18 WONDEROUS WAFFLE ½ C 100% Juice* ¾ C Potato Rounds (20 CHO) Breakfast Sausage (1.5 M - 2 CHO) Buttermilk Waffle (1 WG - 15 CHO - 1 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO)	19 BBQ MEATLOAF ½ C Banana (21 CHO) ½ C Corn (8 CHO) ¾ C Mashed Potatoes (20 CHO) Meatloaf Patty (2 M - 3 CHO) 1 oz BBQ Sauce (12 CHO) Dinner Roll (1 WG - 12 CHO - 1 E)
22 BREAKFAST PIZZA ½ C 100% Juice* ¾ C Potato Rounds (20 CHO) Breakfast Pizzo (1 M/1.5 WG - 25 CHO) Ketchup Packet (2 CHO)	23 HOT DOG ½ C Applesauce (14 CHO) ¾ C Green Beans (11 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	24 CHEESE QUESADILLA ½ C 100% Juice* ¾ C Fiesta Salad (42 CHO) Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO)	25 HAMBURGER ½ C Fruit ¾ C Carrots (6 CHO) Beef Patty (2 M - 2 CHO) Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	26 POPCORN CHICKEN BOWL ½ C Banana (21 CHO) ¾ C Broccoli (3 CHO) ¾ C Mashed Potatoes (20 CHO) Breaded Popcorn Chicken (1 WG/2 M - 14 CHO - 12 E)
29 CHEESE DIPPER ½ C 100% Juice* ¾ C Green Beans (11 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Morrinora Cup (14 CHO)	30 FLUFFY CAKE & LINKS ½ C Applesauce (14 CHO) ¾ C Potato Rounds (20 CHO) Breakfast Sausage (1.5 M - 2 CHO) Poncakes (1 WG - 21 CHO - 1 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO)	31 CHICKEN PATTY ½ C 100% Juice* ¾ C Corn (16 CHO) Chicken Patty (2 M - 22 CHO) Hamburger Bun (2 WG - 25 CHO) BBQ Packet (5 CHO)	<p>Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeds.com This institution is an equal opportunity provider.</p>	