

NOVEMBER 2023
FFVP

		1	2	3
			½ C Pineapple	½ C Pepper Wedges
6	7	8	9	10
	½ C Clementines		½ C Melon	½ C Orange Wedges
13	14	15	16	17
	½ C Pear		½ C Seedless Grapes	½ C Pineapple
21	22	23	24	25
	½ C Apple Slices		½ C Cucumbers	½ C Celery Chips
28	29	30	31	
	½ C Clementines		½ C Pineapple	

Innovation Foods
 1550 Enterprize Parkway
 Twinsburg, OH 44087 440-580-4800
www.ifsmeals.com
 This institution is an equal opportunity provider.
 Menu Subject To Change