

# OCTOBER 2022

FFVP

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
½ C GRAPE TOMATOES				½ C ORANGE WEDGES				½ C MELON CUP	
10		11		12		13		14	
½ C PINEAPPLE				½ C BABY CARROTS				NO SERVICE	
17		18		19		20		22	
½ C PLUM				½ C APPLE SLICES				½ C MELON CUP	
24		25		26		27		28	
½ C GRAPE TOMATOES				½ C ORANGE WEDGES				½ C SEEDLESS GRAPES	
31		<p><b>Innovation Foods</b>                      1550 Enterprise Parkway                      Twinsburg, OH 44087 440-580-4800  <a href="http://www.ifsmeals.com">www.ifsmeals.com</a>                      This institution is an equal opportunity provider.                      Menu Subject To Change</p>							
NO SERVICE									