

APRIL 2022

GALA K-8TH BREAKFAST MENU

<p>Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsm meals.com This institution is an equal opportunity provider.</p>	<p>Menu Subject to Change Choice of 1 cup unflavored 1% white milk (13 CHO) or chocolate fat free milk (20 CHO) Apple Juice (14 CHO), Orange Juice (15 CHO), Fruit Punch (14 CHO), ½ Cup Sliced Apples (21 CHO), ½ Cup Sliced Oranges (23 CHO), ½ Cup Pineapple Tidbits (17 CHO)</p>			<p>1</p>
<p>4oz 100% Juice* Banana (½ Cup - 23 CHO) Froot Loops Cereal Bowl (1 oz WG - 18 CHO)</p>				
<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p>4oz 100% Juice* Craisin (½ Cup - 24 CHO) Crispy Rice Cereal Bowl (1 oz WG - 16 CHO)</p>	<p>4oz 100% Juice* Diced Peaches (½ Cup - 19 CHO) Cinnamon Toast Crunch Cereal Bar (2 oz WG - 24 CHO)</p>	<p>4oz 100% Juice* Applesauce Cup (½ Cup - 12 CHO) Infused French Toast Sticks (Hot Breakfast) (2 WG- 36 CHO)</p>	<p>4oz 100% Juice* Apple (½ Cup - 21 CHO) Trix Cereal Bar (2 oz WG - 29 CHO)</p>	<p>4oz 100% Juice* Banana (½ Cup - 23 CHO) Frosted Flake Cereal Bowl (1 oz WG - 25 CHO)</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>
<p>4oz 100% Juice* Craisin (½ Cup - 24 CHO) Frosted Pop-Tart (1.25 oz WG - 34 CHO)</p>	<p>4oz 100% Juice* Diced Pears (½ Cup - 24 CHO) Strawberry Oat Cheerio Bar (1 oz WG - 24 CHO)</p>	<p>4oz 100% Juice* Applesauce Cup (½ Cup - 12 CHO) Infused Mini Waffles (Hot Breakfast) (2 WG- 35 CHO)</p>	<p>4oz 100% Juice* Apple (½ Cup - 21 CHO) Honey Bun (2 oz WG - 29 CHO)</p>	<p>4oz 100% Juice* Banana (½ Cup - 23 CHO) Cheerio Cereal Bowl (1 oz WG - 25 CHO) Graham Cracker (1 oz WG - 8 CHO)</p>
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>
<p>4oz 100% Juice* Craisin (½ Cup - 24 CHO) Corn Flakes Cereal Bowl (1 oz WG - 18 CHO)</p>	<p>4oz 100% Juice* Diced Peaches (½ Cup - 19 CHO) Oatmeal Breakfast Bar (2 oz WG - 24 CHO)</p>	<p>4oz 100% Juice* Applesauce Cup (½ Cup - 12 CHO) Colossal Berry Crunch Cereal Bowl (1 oz WG - 25 CHO) Teddy Grahams</p>	<p>4oz 100% Juice* Apple (½ Cup - 21 CHO) Golden Graham Cereal Bar (2 oz WG - 24 CHO)</p>	<p>4oz 100% Juice* Banana (½ Cup - 23 CHO) Froot Loops Cereal Bowl (1 oz WG - 18 CHO)</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>
<p>4oz 100% Juice* Craisin (½ Cup - 24 CHO) Crispy Rice Cereal Bowl (1 oz WG - 16 CHO)</p>	<p>4oz 100% Juice* Diced Pears (½ Cup - 24 CHO) Cinnamon Toast Crunch Cereal Bar (2 oz WG - 24 CHO)</p>	<p>4oz 100% Juice* Applesauce Cup (½ Cup - 12 CHO) Infused French Toast Stick (Hot Breakfast) (2 WG- 36 CHO)</p>	<p>4oz 100% Juice* Apple (½ Cup - 21 CHO) Trix Cereal Bar (2 oz WG - 29 CHO)</p>	<p>4oz 100% Juice* Banana (½ Cup - 23 CHO) Frosted Flake Cereal Bowl (1 oz WG - 25 CHO) Graham Cracker</p>