

<p>Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmenu.com This institution is an equal opportunity provider.</p>	<p>1 ENGLISH MUFFIN SANDWICH</p> <p>$\frac{1}{2}$ C Fresh Orange (23 CHO) $\frac{1}{2}$ C Tater Tots (19 CHO) 1.5 oz Chicken Sausage (1 CHO) (1.5MMA) 0.5 oz Cheese (1 CHO) (0.5MMA) 2.25 oz English Muffin (25 CHO) (2WG) Ketchup Packet (2 CHO)</p>	<p>2 CHICKEN PATTY</p> <p>4 oz 100% Juice* $\frac{1}{2}$ C Corn (19 CHO) 3.98 oz Chicken Patty (14 CHO) (2M/1 WG) 2.4 oz Hamburger Bun (25 CHO) (2 WG) BBQ Packet (2 CHO)</p>	<p>3 TACO BITES</p> <p>$\frac{1}{2}$ C Fresh Banana (23 CHO) $\frac{1}{2}$ C Mexican Beans (33 CHO) 4.02 oz Taco Quesadilla Wedges (3 Each) (30 CHO) (2M/2WG) Taco Packet (4 CHO)</p>	<p>4 FRENCH TOAST</p> <p>4 oz 100% Juice* $\frac{1}{2}$ C Potato Rounds (24 CHO) 4.6 oz French Toast Sticks (47 CHO) (2 MMA/2WG) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)</p>
<p>7 PANCAKES</p>	<p>8 TURKEY SAUSAGE PIZZA</p>	<p>9 CHICKEN NUGGETS</p>	<p>10 MINI CORN DOGS</p>	<p>11 MAC N' CHEESE</p>
<p>$\frac{1}{2}$ C Applesauce Cup (12 CHO) $\frac{1}{2}$ C Tater Tots (19 CHO) 2.34 oz WG Pancake (31 CHO) (2WG) Berry Yogurt Cup (14 CHO) (2 MMA) Syrup Cup (31 CHO) Ketchup Packet (2 CHO)</p>	<p>$\frac{1}{2}$ C Fresh Orange (23 CHO) $\frac{1}{2}$ C Broccoli (12 CHO) 4.38 oz Turkey Sausage Breakfast Pizza (31 CH) (2M/2WG)</p>	<p>4 oz 100% Juice* $\frac{1}{2}$ C Green Beans (14 CHO) 3.2 oz Breaded Chicken Nuggets (2 WG/2 M) (14 CHO) BBQ Packet (4 CHO)</p>	<p>$\frac{1}{2}$ C Fresh Banana (23 CHO) $\frac{1}{2}$ C Baked Beans (41 CHO) 4.67 oz Honey Crunch Mini Corn Dogs (6E) (42 CHO) (2WG/2M) Ketchup Packet (2 CHO)</p>	<p>4 oz 100% Juice* $\frac{1}{2}$ C Carrot (14 CHO) 1 C Cheesy Elbow Pasta (2 WG) (43 CHO) 1.2 oz Cheese Sauce (3 CHO) (1 MMA) 1 oz Shredded Cheddar Cheese (1 MMA)</p>
<p>14 CHICKEN AND BISCUITS</p>	<p>15 BREADSTICKS</p>	<p>16 HAMBURGER</p>	<p>17 WALKING TACO</p>	<p>18 WAFFLES</p>
<p>$\frac{1}{2}$ C Applesauce Cup (12 CHO) $\frac{1}{2}$ C Brown Sugar Carrot (28 CHO) 2.2 oz Buttermilk Biscuit (28 CHO) (2WG) 3.1 Sweet Italian Chicken Sausage Patty (3 CHO) (2M)</p>	<p>$\frac{1}{2}$ C Fresh Orange (23 CHO) $\frac{1}{2}$ C Green Beans (14 CHO) 4.22 oz Cheese Stuffed Breadsticks (42 CHO) (2 WG/ 2 MMA) Marinara Cup (14 CHO)</p>	<p>4 oz 100% Juice* $\frac{1}{2}$ C Broccoli (12 CHO) 2.1 oz Beef Patty (14 CHO) (2M) 2.4 oz Hamburger Bun (25 CHO) (2WG) BBQ Packet (2 CHO)</p>	<p>$\frac{1}{2}$ C Fresh Banana (23 CHO) $\frac{1}{2}$ C Black Bean Salad (34 CHO) 1.5 oz Taco Meat (1 CHO) (1.5MMA) 0.5 oz Cheese (1 CHO) (0.5MMA) 2.15 oz RS Nacho Dorito Bag (21 CHO) (2 WG) Taco Packet (4 CHO)</p>	<p>4 oz 100% Juice* $\frac{1}{2}$ C Tater Tots (19 CHO) 2.34 oz WG Waffle (31 CHO) (2 WG) Berry Yogurt Cup (14 CHO) (2 MMA) Syrup Cup (31 CHO) Ketchup Packet (2 CHO)</p>
<p>21 BREADSTICK</p>	<p>22 ENGLISH MUFFIN SANDWICH</p>	<p>23 CHICKEN PATTY</p>	<p>24 MINI CORN DOGS</p>	<p>25 CHEESE PIZZA</p>
<p>$\frac{1}{2}$ C Applesauce Cup (12 CHO) $\frac{1}{2}$ C Mixed Vegetables (14 CHO) 4.22 oz Cheese Stuffed Breadsticks (42 CHO) (2 WG/ 2 MMA) Marinara Cup (14 CHO)</p>	<p>$\frac{1}{2}$ C Fresh Orange (23 CHO) $\frac{1}{2}$ C Tater Tots (19 CHO) 1.5 oz Chicken Sausage (1 CHO) (1.5MMA) 0.5 oz Cheese (1 CHO) (0.5MMA) 2.25 oz English Muffin (25 CHO) (2WG) Ketchup Packet (2 CHO)</p>	<p>4 oz 100% Juice* $\frac{1}{2}$ C Carrot (14 CHO) 3.98 oz Chicken Patty (14 CHO) (2M/1 WG) 2.4 oz Hamburger Bun (25 CHO) (2 WG) BBQ Packet (2 CHO)</p>	<p>$\frac{1}{2}$ C Fresh Banana (23 CHO) $\frac{1}{2}$ C Baked Beans (41 CHO) 4.67 oz Honey Crunch Mini Corn Dogs (6E) (42 CHO) (2WG/2M) Ketchup Packet (2 CHO)</p>	<p>4 oz 100% Juice* $\frac{3}{4}$ C Baby Carrots (18 CHO) $\frac{1}{2}$ C Wango Mango Juice (14 CHO) 4.02 oz Cheese Pizza (44 CHO) (2 MMA/2 WG)</p>
<p>28 FRENCH TOAST STICKS</p>	<p>29 TURKEY SAUSAGE PIZZA</p>	<p>30 CHICKEN NUGGETS</p>	<p>31 TACO BITES</p>	<p>Menu Subject to Change</p>
<p>$\frac{1}{2}$ C Applesauce Cup (12 CHO) $\frac{1}{2}$ C Tater Tots (24 CHO) 4.6 oz French Toast Sticks (47 CHO) (2 MMA/2WG) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)</p>	<p>$\frac{1}{2}$ C Fresh Orange (23 CHO) $\frac{1}{2}$ C Green Beans (19 CHO) 4.38 oz Turkey Sausage Breakfast Pizza (31 CH) (2M/2WG) Ketchup Packet (2 CHO)/6/2 MMA)</p>	<p>4 oz 100% Juice* $\frac{1}{2}$ C Carrot (14 CHO) 3.2 oz Breaded Chicken Nuggets (2 WG/2 M) (14 CHO) BBQ Packet (4 CHO)</p>	<p>$\frac{1}{2}$ C Fresh Banana (23 CHO) $\frac{1}{2}$ C Mexican Beans (33 CHO) 4.02 oz Taco Quesadilla Wedges (3 Each) (30 CHO) (2M/2WG) Taco Packet (4 CHO)</p>	<p>Choice of 1 cup unflavored 1% white milk (13 CHO) or chocolate fat free milk (20 CHO)</p> <p>Apple Juice (14 CHO), Orange Juice (15 CHO), Fruit Punch (14 CHO)</p>