

SEPTEMBER 2021  
GALA BREAKFAST MENU

<p><i>Menu Subject to Change*</i>  <i>Innovation Foods</i>            1550 Enterprise Parkway            Twinsburg, OH 44087 I 440-580-4800  <a href="http://www.ifsmeals.com">www.ifsmeals.com</a>            This institution is an equal opportunity provider.            Served With 1%, 1% Chocolate Milk or Fat Free Milk*</p>		1	2	3
		<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Applesauce Cup (12 CHO)</p> <p>Cocoa Puffs Cereal Bowl            (1 oz WG) (25 CHO)            Elf Graham (1 oz WG) (17 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Orange (23 CHO)</p> <p>Apple Strudel            (2 oz WG) (36 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Banana (23 CHO)</p> <p>Frosted Pop-Tart            (1 oz WG) (36 CHO)</p>
6	7	8	9	10
<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Craisin (21 CHO)</p> <p>Golden Grahams Cereal Bowl            (1 oz WG) (23 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Apple (21 CHO)</p> <p>Cheese Cinnamon Bagel Bites            (2 oz WG) (42 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Applesauce Cup (12 CHO)</p> <p>Trix Cereal Bowl            (1 oz WG) (24 CHO)            Graham Cracker            (1 oz WG) (8 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Orange (23 CHO)</p> <p>Mini Blueberry Bash Waffles            (2 oz WG) (37 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Banana (23 CHO)</p> <p>Infused Maple Waffle (2 WG) (42 CHO)</p>
13	14	15	16	17
<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Craisin (21 CHO)</p> <p>Apple Jacks Cereal Bowl            (1 oz WG) (14 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Apple (21 CHO)</p> <p>Mini Cinni French Toast Sticks            (2 oz WG) (43 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Applesauce Cup (12 CHO)</p> <p>Cheerio Cereal Bowl            (1 oz WG) (14 CHO)            Elf Graham (1 oz WG) (17 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Orange (23 CHO)</p> <p>Honey Bun            (2 oz WG) (34 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Banana (23 CHO)</p> <p>Strawberry Stuffed Bagel Bites            (1 oz WG) (37 CHO)</p>
20	21	22	23	24
<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Craisin (21 CHO)</p> <p>Cinnamon Toast Crunch RS            (1 oz WG) (22 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Apple (21 CHO)</p> <p>Confetti Infused Mini Pancakes            (2 oz WG) (37 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Applesauce Cup (12 CHO)</p> <p>Cocoa Puffs Cereal Bowl            (1 oz WG) (25 CHO)            Elf Graham (1 oz WG) (17 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Orange (23 CHO)</p> <p>Apple Strudel            (2 oz WG) (36 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Banana (23 CHO)</p> <p>Frosted Pop-Tart            (1 oz WG) (36 CHO)</p>
27	28	29	30	
<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Craisin (21 CHO)</p> <p>Golden Grahams Cereal Bowl            (1 oz WG) (23 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Apple (21 CHO)</p> <p>Cheese Cinnamon Bagel Bites            (2 oz WG) (42 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Applesauce Cup (12 CHO)</p> <p>Trix Cereal Bowl            (1 oz WG) (24 CHO)            Graham Cracker            (1 oz WG) (8 CHO)</p>	<p>4oz 100% Juice  <math>\frac{1}{2}</math> C Fresh Orange (23 CHO)</p> <p>Mini Blueberry Bash Waffles            (2 oz WG) (37 CHO)</p>	