

K-8TH BREAKFAST MENU

February 2021

Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
4oz 100% Juice ½ C Fresh Apple (15 CHO) (Cinnamon) Frosted Flakes RS (1 oz WG) (24 CHO)	4oz 100% Juice ½ Cup Craisin (28 CHO) Cherry Apple Crunch Bar (2 WG) (42 CHO)	4oz 100% Juice ½ C Fresh Fruit Apple Jacks Cereal RS (1 oz WG) (24 CHO)	4oz 100% Juice ½ C Applesauce (12 CHO) Mini Cinnamon Rolls (2 WG) (40 CHO)	4oz 100% Juice ½ C Fresh Orange (21 CHO) Strawberry Fruit and Grain Bar (2 WG) (28 CHO)
18	19	20	21	22
4oz 100% Juice ½ C Fresh Apple (15 CHO) Cinnamon Toast Crunch Cereal RS (1 oz WG) (22 CHO)	4oz 100% Juice ½ Cup Craisin (28 CHO) Crunch Mania (2 WG) (27 CHO)	4oz 100% Juice ½ C Fresh Fruit Cheerios Cereal (1 oz WG) (21 CHO)	4oz 100% Juice ½ C Applesauce (12 CHO) Apple Strudel (2 WG) (36 CHO)	4oz 100% Juice ½ C Fresh Orange (21 CHO) Blueberry Lemon Graham Bites (1 WG) (21 CHO)
25	26	27	28	29
4oz 100% Juice ½ C Fresh Apple (15 CHO) Cocoa Puff Cereal RS (1 oz WG) (25 CHO)	4oz 100% Juice ½ Cup Craisin (28 CHO) Cream Cheese Cinnamon Bagel Bites (2WG) (42 CHO)	4oz 100% Juice ½ C Fresh Fruit Trix Cereal RS (1 oz WG) (24 CHO)	4oz 100% Juice ½ C Applesauce (12 CHO) Chewy Breakfast Round (2 WG) (44 CHO)	4oz 100% Juice ½ C Fresh Orange (21 CHO) Frosted Pop-Tart (1 WG) (36 CHO)
11	12	13	14	15
4oz 100% Juice ½ C Fresh Apple (15 CHO) (Cinnamon) Frosted Flakes RS (1 oz WG) (24 CHO)	4oz 100% Juice ½ Cup Craisin (28 CHO) Cherry Apple Crunch Bar (2 WG) (42 CHO)	4oz 100% Juice ½ C Fresh Fruit Apple Jacks Cereal RS (1 oz WG) (24 CHO)	4oz 100% Juice ½ C Applesauce (12 CHO) Mini Cinnamon Rolls (2 WG) (40 CHO)	4oz 100% Juice ½ C Fresh Orange (21 CHO) Strawberry Fruit and Grain Bar (2 WG) (28 CHO)

*Menu Subject to Change**

*Served with 1% White**

Innovation Foods

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